

## **CLEVELAND COUNTY WELLNESS COMMITTEE** NOTICE OF MEETING AND AGENDA FOR THE REGULAR SCHEDULED MEETING OF FRIDAY, DECEMBER 28, 2018 122 E EUFAULA, NORMAN, OK 9:00 A.M.

- A. Meeting called to Order.
- B. Quorum call.
- C. Approve minutes of regular meeting of November 30, 2018.
- D. Items of Business: Discussion, Consideration, and/or Action regarding the following:
  - 1. Presentation on Health and Wellness Issues by special guest speaker.
  - 2. Update presented by Alison Vinson, HR, on health and wellness matters for county employees.
  - 3. Discussion, Consideration and/or Action on Presentation on County Wellness Gym Facility.
  - 4. Discussion, Consideration and/or Action on Presentation from Emergency Management Director regarding Wellness Committee issues and updates relating to the Weight Loss Challenge January-February 2019.
  - 5. Employee Health Clinic Update presented by Meredith Rowland, NP.
- E. New Business: (As per 2001 O.S. 25 § 311.A.9 "New Business," as used herein, shall mean any matter not known about or which could not have been reasonably foreseen prior to the time of posting.)

F. Wellness Committee Members Discussion Regarding Business

G. Adjourn.

Date and Time Posted: December 26, 2018 9:1